

# Individual Learning Contract

The Evergreen State College

<b>Gribbin</b>	<b>Gabrielle</b>	A00303252	Freshman
Student Last Name	Student First Name	Student ID	Class Standing
Spring 2013	grigab10@evergreen.edu	8	F is for The Female Body
Term	Email	Credits	Contract Title

<b>Sponsor(s)</b>		
<b>Sarah Williams</b>	8676561	williasa@evergreen.edu
Name	Telephone	Email

Learning Objectives	Activities that will help me to attain this objective	What my sponsor will evaluate
<p>0) Core (5 credits)</p> <p>i) Tuesday Lecture, Poetry Reading and Seminar</p> <p>ii) Peer Support: Somatics and Peer Review</p> <p>iii) The Not Knowing Notebook</p> <p>iv) Spring Plans and Faculty-Student Consultation</p> <p>v) Log and eAlphabet Letter</p> <p>vi) Guest Performances and Final Student Performances as a Recycling of Neurons</p> <p>vii) Mid-quarter and Final Student Self-Evaluation and Academic Statement</p>	<p>See Spring Quarter Program Structure and Major Assignments.</p>	<p>I will complete the specified assignments for my field study noted by the program Moodle.</p>
<p>1) Doing Goethean Science, Field Study (6-8 credits)</p> <p>This student will come to understand how women have been oppressed through unobtainable standards of body image and beauty in America from the 1930's until the year 2000. As this student understands the struggles that women have gone through in history she will delve into the anatomical evolution of the female body. She will also research the ability for women to carry and birth a child and the visual, alongside the functional anatomy of the pelvis she will.</p>	<p>The objective of my field study is that through reading six texts I will be able to note and compile information on how the female's physical body and the views of the that body have changed in the last seventy years. Throughout my field study I will be gathering data from six books starting with <u>Write about An Empty Birdcage</u> written by the poet Elaina M. Ellis. I will be using her poems as a model to put the works of the following authors in conversation with each other. <u>Vagina: A new Biography</u> and <u>The Beauty Myth: How Images of Beauty are Used Against Women</u> which are both written by Naomi Wolf, <u>The Female Pelvis Anatomy &amp; Exercise</u> by Blandine Calais-Germain, <u>The Body of Wisdom: Women's Spiritual</u></p>	<p>I will complete the specified assignments for my field study designated by the program Moodle.</p>

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	<p><u>Power and How it Serves</u> by Hilary Hart, and <u>The Naked Woman: A Study of the Female Body</u> by Desmond Morris.</p> <p>While using the text <u>The Female Pelvis Anatomy &amp; Exercise</u> by Blandine Calais-Germain paired with a book of anatomy I will come to understand the movements of the pelvis and how those movements and the structure it holds relates to childbirth. I will perform the exercises that both books contain to relate my project back to myself. All the while I will be keeping a journal of my experience so that I may track and reflect upon how I have come to view my body throughout this seven week process.</p> <p>I will spend 15 to 20 hours each week reading the texts during this field study. I will log all of my reading and text exercise time onto the eAlphabet as well as the poetry that I create along the way.</p> <p>Through my findings I will create a Goethean Science paper about how I have found and worked through my own oppression in direct relation to these texts.</p>	
<p>3) Calculated Poetics: Writing Workshop and Seminar with Methods of Mathematical Physics (3-4 Credits)</p>	<p>See Spring Quarter Program Structure and Major Assignments.</p>	<p>I will complete the specified assignments for my field study designated by the program Moodle.</p>

## Related Experience

In winter of this academic year I created an in class ILC for myself, this project was based on the movement of the human body. During this time I spent eight weeks immersed in activities and books that lead me to move my body. In doing so I gained an anatomy based view of the movements that the body makes, as well as a greater appreciation for my own body's strength.

## Evergreen Faculty I have worked with

## Student Collaborators

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**Contract Description**

Over the next eight weeks this student plans to understand how the female body has physically changed over the last one hundred years compared to the fluxing views it holds in American society. She hopes to look at the views of women, men, literature, art, and how she herself sees the figure of the woman's body. This student will be reading six books of anatomy, spirituality, the history of the woman's body, views of the woman's body through the lens of a zoologist, as well as a book of body poetry. Throughout this field study this student will keep a journal of her findings from the books and how she herself is forming views about herself and the women in her life. She will find and partake in any woman and body inspired workshops in Olympia or Seattle to immerse herself in different communities of women.

**Sponsor and Field Supervisor Support**

I will have a weekly or bi-weekly check in with Sarah Williams as well as continuing to be present in class on Monday's and Tuesday's.

**Evaluation of Work**

- Narrative evaluation from sponsor
- Narrative self-evaluation from student

**Student Conditions**

**No Study Abroad:** By signing this contract I understand that I cannot earn any credit for work in this contract that is developed while I am traveling outside of the United States.

**No Facilities/Resources:** I commit to the understanding that I will NOT be using special resources or facilities at Evergreen to support my work in the contract.

**Human Subjects Review:** I understand I must complete a Human Subjects Review Application.

**General Condition of Contract:** I understand that I will be charged a late fee if the Academic Deans Office (or Graduate Director/Assistant Director for Graduate Students) receives my contract after 5 p.m. Friday of Week One for the quarter for which I am registering.

Student Signature: \_\_\_\_\_ Approved online by \_\_\_\_\_  
Signature Date

**Approval Signatures Needed**

Before your contract will be registered, you will need to get the approval signatures listed below. If your sponsor approves your contract online, their email will appear as the online approval on the signature line.

Contract Sponsor Signature: \_\_\_\_\_ Approved online by \_\_\_\_\_  
Signature Date

Academic Dean Signature: \_\_\_\_\_ Approved online by \_\_\_\_\_  
Signature Date