

The Sounds and Tastes of New Orleans

Aria Kahn



Look closely at the relationship between taste and sound – do the two bring one from the present to the past, or evoke emotions such as nostalgia, euphoria or even anger? How does the term “RASA” play into this? Can the word “terroir” be applied to music in the place of food? Is food something that can be categorized with the arts because of the emotional and creative aspects?

Does the relationship between elements of staying healthy physically with staying healthy mentally connect with things like music and other forms of expression? How does that change based on culture and location?

Are the cultural aspects of music and food intertwined? And if so, how does that help to shape a culture, or lack thereof? How does community and history change the way we appreciate food and music?

Map



Log

Week 1	Flew to New Orleans	7
	Walked from Uptown to the French Quarter, ate BBQ and a fried shrimp po boy	7
	Visited a used book store, spent time talking with owner about New Orleans cuisine and purchased a book for future research	2
	Spoke with locals (including and employee of the New Orleans School of Cooking) about places to go and eat authentic food and listen to music	3
	Sat on Bourbon street and listened to musicians, walked about 5 miles to see things/ talk with locals	10
	Walked to Wild Lotus Yoga Studio/ Co op and healing center, spoke with employees and made plans for future time	2
	Started compiling media for movie project	2
	Visited the Museum of Southern Cuisine	4
	Began reading <i>The Underground Guide to New Orleans</i>	1

	Worked on blog	2
	Kept updated with peer blogs	2
	Online research	5
Week 2	Talked to local musicians	4
	Online research of RASA	2
	Cooked benieghts	2
	Went to 3 musical performances	10
	Reading	5
	Local dining experiences	6
	Academic statement	3
	Peer blog reading	3
	Made movie/worked on future blog posts	5
	Lecture at Loyola University about music industry	3
	Busked with an old musician I met in the French Quarter	4
Week 3	Reading and research	12
	Watched "The Big Easy"	2
	Made 2nd movie/ cooked jambalaya	6
	Cooked fried oysters/ harvested oysters	5
	Computer work (blog etc.)	5
	Book shopping	2

	Podcast	2
Week 4	Worked on 2 more videos (compiled footage/ editing)	10
	Research/ reading	10
	Watched videos about New Orleans to compare w/ my own research "itsneworleans.com" (listening to podcasts/ reading articles)	5
	updated with peer blogs	3
	Connecting RASA with Terroir	1
	Finding answers to the questions asked in my ILC proposal	3
Week 5	Ethnomusicology research	3
	Watched "New Orleans: The Natural History"	1
	Watched "New Orleans in Exile"	2
	Watched "Spoken: Colorism and the New Orleans Creole"	1
	Website work	10
	Evaluations	3
	Presentations	4
	Shopping/cooking/making music	10
	Reading	5
	Read peer blogs	2
	Edit last video	5

Resources

Welch, Michael Patrick, and Alison Fensterstock. *New Orleans: The Underground Guide*. New Orleans, LA: Uno, 2010. Print.

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Buchta, David, and Graham M. Schweig. “Rasa Theory.” *Academia.edu*. Brown Univeristy, n.d. Web. 30 May 2016.

Footage Compilation



What did I do there????

- Hands on experiencing my ILC questions
- Talking with strangers
- Visiting museums
- Walking everywhere
- Listening to music
- Eating good food
- Gaining new perspectives/ challenging my knowledge

What did I do here????

- LOTS of reading
- Watching documentaries
- Cooking/listening/playing music
- Making videos
- Talking with people from different places who have stories surrounding my ILC
- Attempts to recover/work without lost material
- Writing
-





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Discoveries and Answers

- Music and taste ARE intrinsically intertwined
- New Orleans stimulates the senses
- Rasa + emotional terroir forever
- Music and food and all things pleasurable often emerge from devastation
- New Orleans may meld and change with time and new cultures and relocation - what makes it what it is is the unified feelings, priorities and similar appreciations that people seem to have
- There are endless things to learn on these topics

Video



COURSE NUMBER TWO:

CAJUN CRAB CAKES

WITH AN EXCITING MYSTERY INGREDIENT

THE END!

